

## UTAH - WEEKLY INFLUENZA TEXT SUMMARY

### Influenza Activity in Utah:

Influenza and other respiratory viruses are circulating in Utah at this point. Activity is steadily decreasing. 265 influenza-associated hospitalizations (191 Type A, 50 Type B and 24 undifferentiated) have been reported to the UDOH as of present. This website will be updated every Wednesday by 1:00 PM.

As of 04/18/2007, no pediatric influenza-associated deaths have been reported in Utah for the current season.

National influenza surveillance data can be found at [www.cdc.gov/flu](http://www.cdc.gov/flu). Please note, states determine for themselves how to estimate weekly influenza activity. The classification system used in Utah primarily serves to provide a geographical description of how influenza is circulating in the state and not season severity.

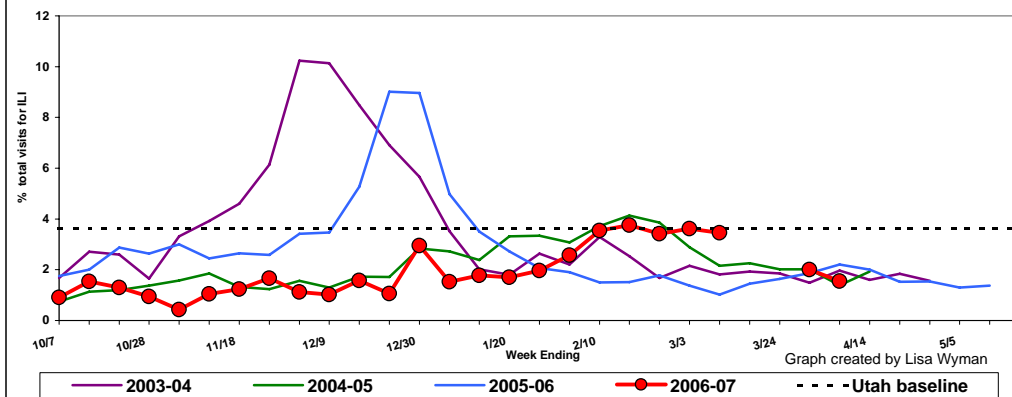
## INFLUENZA PREVENTION

### How to protect yourself and others:

1. Utahns should get an influenza vaccine.  
\*\*Contact your provider or the Immunization Hotline (1-800-275-0659) to locate an influenza shot
2. All Utahns should practice "respiratory etiquette" to reduce the spread of respiratory diseases.  
\*\* Stay away from other people when you are sick  
\*\* Cover your mouth and nose with a disposable tissue when you cough or sneeze. Throw the tissue away  
\*\* Wash your hands.
3. We urge schools and employers to be supportive of these preventive measures.

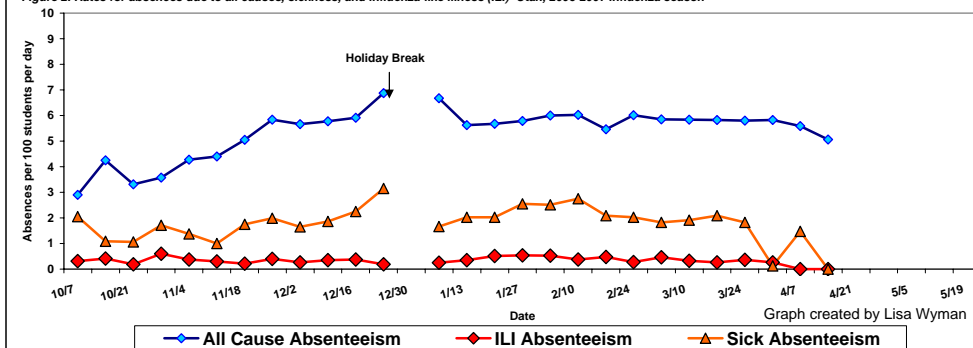
### Influenza Activity for Current Season and Past Three Seasons

Figure 1. Percentage of visits for influenza-like illness (ILI) reported by sentinel providers- Utah, 2006-2007 and previous three influenza seasons



### Student Absenteeism by Week

Figure 2. Rates for absences due to all causes, sickness, and influenza-like illness (ILI)- Utah, 2006-2007 influenza season



### Hospitalizations by Virus Type and Week

Figure 3. Number of laboratory-confirmed, influenza-associated hospitalizations, by influenza virus type and week of event - Utah, 2006-2007 influenza season

